SHERWOOD CYCLING CLUB (CHARITY EVENT)

Held on Saturday, 23rd July 2022 at 2.01pm on A10/3 Course

For and on behalf of Cycling Time Trials under its Rules and Regulations

Roger Widdowson, 27 Morley Road, Thorneywood, NOTTINGHAM. NG3 6LL Tel: 07966 777 475 E-mail: roger.widdowson@ntlworld.com **Event Secretary:**

Timekeepers: Bill Stanley, Melton Olympic CC

Tom Bailey, Coalville Wheelers CC

Event Headquarters: Bingham Rugby Football Club, The Pavillion, Brendon Grove, Bingham NG13 8TN

(open from 1.00pm)

What3Words:- https://w3w.co/diverting.monopoly.glue

This is the driveway entrance to the HQ.

Dear Sir/Madam,

Further to your recent participation in the Sherwood Cycling Club Open 10 mile Time Trial today on 23rd July 2022, please find attached results.

MEN

1 st	Joshua Giddings	Team Inspired	E	19	0:18:31
2 nd	Ashley Cox	Team Bottrill	М	39	0:18:32
3 rd	Adam Duggleby	Chapeau! Vive Le Velo	M	37	0:19:07
4 th	Richard Oakes	Team Ohten Aveas	V	53	0:19:12
5 th	Tim Hood	Team Bottrill	V	61	0:20:01
6 th	Ian Guilor	Mapperley CC	V	54	0:20:10
7 th	Callum Twelves	Team Ohten Aveas	J	18	0:20:15
8=	Michael Cooke	Nottingham Clarion CC	M	36	0:20:19
8=	Oliver Bridgewood	Bath Cycling Club	M	37	0:20:19
10	Steve Gibson	Peak Road Club	V	55	0:20:29

LADIES

1 st	Rebecca Lineker	South Normanton C C	F	32
2 nd	Lindsay Clarke	Fenland Clarion CC	FV	60
3 rd	Elaine Simpson	Sherwood CC	FV	51
4 th	Gretchen Zoeller	Ilkeston Cycle Club	FV	43
5 th	Elizabeth Bridgen	Ilkeston Cycle Club	FV	55
6 th	Jo Corbett	Sherwood CC	FV	66
7 th	Melanie Evans	Velo-One Cycling Team	FV	50
8 th	Pamela Moore	Coalville Wheelers	FV	55
9 th	Caroline Stendall	Melton Olympic CC	FV	48

0:23:22
0:24:05
0:24:16
0:25:12
0:25:36
0:26:13
0:26:32
0:27:31
0:27:38

TEAMS

1 st	Team Bottrill	Cox, Hood and Parkin	143 years	
2 nd	Chapeau! Vive Le Velo	Duggleby, Yarwood and Cleminshaw	137 years	
3 rd	Team Ohten Aveas	Oakes, Twelves and Ellis	126 years	
4 th	Ilkeston CC	Hammond, Byatt and Palmer	124 years	
5 th	Melton Olympic CC	Fisher, Ison and Stevens	172 years	
6 th	Sherwood CC	Wood, Clark and Widdowson	165 years	
7 th	Ratae RC	Watson, Spray and York	171 years	

59:0	07
1:00	24
1:00	:45
1:03	:52
1:08	26
1:09	:41
1:13	:51

OVERALL STANDINGS

1	Joshua Giddings	Team Inspired	E	19	0:18:31
2	Ashley Cox	Team Bottrill	M	39	0:18:32
3	Adam Duggleby	Chapeau! Vive Le Velo	M	37	0:19:07
4	Richard Oakes	Team Ohten Aveas	V	53	0:19:12
5	Tim Hood	Team Bottrill	V	61	0:20:01
6	Ian Guilor	Mapperley CC	V	54	0:20:10
7	Callum Twelves	Team Ohten Aveas	J	18	0:20:15
8	Michael Cooke	Nottingham Clarion CC	М	36	0:20:19
9	Oliver Bridgewood	Bath Cycling Club	M	37	0:20:19
10	Steve Gibson	Peak Road Club	V	55	0:20:29
11	Gaz Poulson	Royal Air Force Cycling Association	V	54	0:20:34
12	Neal Parkin	Team Bottrill	V	43	0:20:34
13	Mark Jones	DRAG2ZERO	V	50	0:20:36
14	Darren Yarwood	Chapeau! Vive Le Velo	V	48	0:20:38
15	Neil Cleminshaw	Chapeau! Vive Le Velo	V	52	0:20:39
16	Graham Winstone	ZeroBC Race Team	V	50	0:20:42
17	Matthew Uttley	Nottingham Clarion CC	V	47	0:20:52
18	Steve Faulkner	Coalville Wheelers	М	38	0:20:52
19	Dominic Righini-Brand	Sleaford Wheelers Cycling Club	М	38	0:20:56
20	Sean Hunt	Lincoln Wheelers CC	V	58	0:21:09
21	Andy Thomas	Lindsey Roads Cycling Club	V	53	0:21:11
22	James Byatt	Ilkeston Cycle Club	М	39	0:21:12
23	Nick Hammond	Ilkeston Cycle Club	М	38	0:21:12
24	Jacob Leigh	trainSharp Development Team	E	18	0:21:13
25	Sean Vincent	Born to Bike - Bridgtown Cycles	V	52	0:21:17
26	David Ellis	Team Ohten Aveas	V	55	0:21:18
27	Martin Fisher	Melton Olympic CC	V	43	0:21:22
28	Keith Palmer	Ilkeston Cycle Club	V	47	0:21:28
29	Andrew Hicklin	Peak Road Club	V	56	0:21:29
30	Eddie Humphreys	Moda Racing Team	V	58	0:21:31
31	Michael Costello	Race Hub	V	46	0:21:32
32	William Hayes	Velo Club Long Eaton	V	45	0:21:36
33	Carl Owen	Team Ohten Aveas	V	53	0:21:49
34	Kevin Wood	Sherwood CC	V	60	0:21:50
35	Andy King	Kettering CC	V	62	0:21:50
36	Mark Woolford	Team Swindon Cycles	V	56	0:21:59
37	Trevor Mayne	Birdwell Wheelers	V	58	0:22:01
38	Anthony Nash	Lindsey Roads Cycling Club	V	57	0:22:14
39	Andy Whitehead	Rockingham CC	V	56	0:22:15
40	Max Lees	Leicestershire RC	М	30	0:22:15
41	Alex Hardy	Ashfield RC	V	31	0:22:19
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42	Jymmy Trevor	Jem Hadar Racing	V	50	0:22:24
	Andrew Jackson	Team Jewson - MI Racing	V	53	0:22:29
	Martin Hailstone	Chapeau! Vive Le Velo	V	53	0:22:30
\vdash	Colin Parkinson	South Western Road Club	V	60	0:22:34
	Ed Watson	Ratae RC	V	47	0:22:39
	David Leckenby	VTTA (Yorkshire)	V	58	0:22:44
	Gary Ison	Melton Olympic CC	V	57	0:23:01
	Chris Spray	Ratae RC	V	55	0:23:05
	Loz Staples	Velo-One Cycling Team	V	49	0:23:08
	Rebecca Lineker	South Normanton C C	F	32	0:23:22
	Ashley Roue	Mapperley CC	V	53	0:23:36
	Will Trevor	Jem Hadar Racing	J	18	0:23:43
	Tim Baggs	Velo Club Flintham	V	52	0:23:47
	Stephen Clark	Sherwood CC	Ť	52	0:23:49
	Simon Geraci	Swift Racing	V	54	0:23:59
	Michael Wilkinson	South Normanton C C	V	62	0:24:00
	Roger Widdowson	Sherwood CC	V	53	0:24:02
	Mick Stevens	Melton Olympic CC	V	72	0:24:03
	Lindsay Clarke	Fenland Clarion CC	FV	60	0:24:05
	Denise Burrows	AeroCoach	V	43	0:24:13
	Elaine Simpson	Sherwood CC	FV	51	0:24:16
	Barrie Whittaker	Lyme Racing Club	V	65	0:24:29
	Paul Birkin	Buxton CC/Sett Valley Cycles	V	60	0:24:41
	Andrew Spittlehouse	Calder Clarion	V	53	0:24:48
	Michael Allen	Team Jewson - MI Racing	V	75	0:24:49
	Thomas Ison		M	33	0:24:49
	Martin Lister	Hinckley Cycle Racing Club Witham Wheelers	V	70	0:24:52
			V		0:25:02
	Kevin Humphreys Gretchen Zoeller	Sherwood CC	FV	62	0:25:12
		Ilkeston Cycle Club		43	0:25:12
	Rod J Weston	Sleaford Wheelers Cycling Club	V	62	
	Elizabeth Bridgen	Ilkeston Cycle Club	FV	55	0:25:36
	Michael Smalley	Witham Wheelers	V	77	0:25:43
	David Wright	Cheshire Roads Club	V	68	0:25:51
	Martin Wright	Eat Plants Not Pigs CC	V	46	0:25:55
	Adam Riddington	Bourne Wheelers	V	42	0:25:57
	Andrew Keightley	Melton Olympic CC	V	59	0:26:04
	Jo Corbett	Sherwood CC	FV	66	0:26:13
	Phil Wright	Hartlepool CC	V	67	0:26:31
\vdash	Melanie Evans	Velo-One Cycling Team	FV	50	0:26:32
-	John Leeming	Velo Club Long Eaton	V	73	0:26:32
	Roy Oakes	Team Ohten Aveas	V	77	0:26:50
	Pamela Moore	Coalville Wheelers	FV	55	0:27:31
	Mike Cole	Huddersfield RC	V	77	0:27:31
	Caroline Stendall	Melton Olympic CC	FV	48	0:27:38
-	Gary Brearley	City RC (Hull)	V	64	0:27:39
	David Lane	Ravensthorpe CC	V	52	0:27:54
	Roger Chappell	Team Vision Racing - Silverhook	V	74	0:27:59
	David York	Ratae RC	V	69	0:28:07
	Steve Clarke	Fenland Clarion CC	V	61	0:28:10
	Patrick Giblin	Rotherham Wheelers Cycling Club	V	68	0:28:37
	Richard Harrison	DRAG2ZERO	V	44	DNS (A)
-	John Royle	Fenland Clarion CC	V	75	DNS (A)
	Ben Waddington	Leicester Forest CC	V	53	DNS (A)
	Daniel Hornsby	Swift Racing	V	40	DNS (A)

Geoff Platts	Team Bottrill	V	67
James Punton	Team JMC	V	40
Paul Eveleigh	Lincoln Wheelers CC	V	61
John Scott	Sleaford Wheelers Cycling Club	V	78
Graham Green	Team Bottrill	V	79
Mark Bottrill	Team Bottrill	M	37
James Perkins	Team Ohten Aveas	V	44
Craig Lamb	Alford Whs	V	53
Stephen Ball	Coalville Wheelers	M	38
Ross Burton	Elmsall Road Club	V	46
Finlay Tarling	Flanders Color Galloo Team	Jv	15
Amanda Harvey	Ilkeston Cycle Club	F	38
Daniel Barnett	Team Bottrill	V	48
Ben Turner	Velo Club Long Eaton	V	46
Michael Lythgoe	Warwick Lanterne Rouge Cycling Club	V	72

DNS (A)
NO APOLS

Many thanks for your support of our Club Open Charity Event. Hope you all enjoyed it despite the seemingly tough day. However, read on for an interesting insight into today's results.

Well, what a day!

Sherwood managed to produce 2 all-time Open Event PB's in Elaine Simpson and Stephen Clark, respectively in 24:02 and 23:49 and shaving some 42 seconds off their times.

Overall, 20 PB's were set across the field from as little as 1 second to 3 minutes and 12 seconds for Gretchen Zoeller of Ilkeston CC.

11 of those PB's were set in the first 60 riders and 9 set within the later riders. From this, it is possible to conclude that although the conditions were slightly less favourable for the later riders, it was not overbearingly so.

Conditions were not as optimal as it was predicted to be less than 24 hours before with the wind stiffening from 2.5 mph to 10 - 11mph. This caused a lot of suffering to a good proportion of riders, even at the top end of the field, with some class riders well adrift of their PB by as much as 1:40 whereas the likes of Ian Guilor missed out on his PB by a mere 10 seconds which was set this year on the E2/10. Ashley Cox missed his PB by 11 seconds set on the F2A/10 in July 2021. Had the wind been just a little more merciful, a lot more PB's would have been smashed today.

However, despite that people in the latter stages of the time trial recorded PB's of 1 minute in a couple of cases. To top the day off, Elaine Simpson (Sherwood CC) broke the all-time club ladies 10 mile TT record set in August 1985 which was most likely set on a road bike on the O2/10.

I am so pleased that 22.2% of riders today set a new personal best whilst slightly disappointed that the weather was not as kind. It leaves me wondering just how many more would have walked away elated with their performance had it been as predicted.

I am sure a good proportion of you will be pawing over your stats to see where you could have improved.

I have tried to make this results sheets a little more interesting than normal.

I would also welcome your critical constructive comments on the food and drinks provided and where
we could improve on that. I know we were light on vegan food so some thoughts and simple ideas via
email to me would provide some ideas for me going forward. The same goes for vegetarian and the
carnivorous ones

Yours faithfully,

Roger Widdowson